

Canada: Unauthorized workout supplements may pose serious health risks: Update

Health Canada is advising about unauthorized workout products that may pose serious health risks. The products are labelled to contain or have been tested and found to contain dangerous ingredients. Health Canada updates the table below when it finds unauthorized health products promoted as a workout aid.

The unauthorized products added are:

Product	Hazard Identified	Company
Summit SARM GW-1516	Labelled to contain GW-1516 (cardarine)	Distribution Summit Inc. Sherbrooke, QC
Summit SARM Lean Body GW-1516 & SR-9009	Labelled to contain GW-1516 (cardarine) and SR-9009 (stenabolic)	
Summit SARM LGD-4033	Labelled to contain LGD-4033 (ligandrol)	
Summit SARM MK-677	Labelled to contain MK-677 (ibutamoren)	
Summit SARM Ostarine	Labelled to contain ostarine	
Summit SARM RAD-140	Labelled to contain RAD-140 (testolone)	
Summit SARM SR-9009	Labelled to contain SR-9009 (stenabolic)	
Summit SARM YK-11	Labelled to contain YK-11 (myostine)	

Consumers are advised to stop using these products and consult their healthcare professional if they have used these products and have health concerns.

Please refer to the following website in Health Canada for details:

<http://recalls-rappels.canada.ca/en/alert-recall/unauthorized-workout-supplements-may-pose-serious-health-risks#ostarine>

In Hong Kong, the above products are not registered pharmaceutical products. Related news was previously issued by Health Canada, and was posted on the Drug Office website since 23 Mar 2023, with the latest update posted on 15 Apr 2025.

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